



St. Paul's Maternity Care

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We are excited to let you know about the **St. Paul's Maternity Clinic** - a family-medicine run clinic for prenatal, intrapartum and postpartum care. We provide whole-person and family-centered care focusing on the following:

- Evidence based care
- Support for physiologic (vaginal) birth and/or birth meeting patient's wishes
- Empowering our patients to make informed choices around birth and transition to parenthood
- Psychological wellbeing during transition to parenthood
- Addressing social determinants of health
- Managing additional health concerns during pregnancy, e.g. substance use, chronic disease

We can provide care in English, French, Spanish, Hindi and Urdu. We also have access to translation services if needed.

Our patients deliver at **St. Paul's Hospital** which is a small, community based maternity unit with private single rooms for each family. We work closely with our obstetrician and pediatrician colleagues. We are the only Vancouver hospital to provide **nursing led prenatal education** to our patients. We offer onsite **obstetrical internal medicine, reproductive mental health, breastfeeding medicine clinic, a perinatal addiction program and social work**. In addition, we have a **weekly postpartum support and education group** for all patients delivering at St. Paul's Hospital.

We are able to follow patients from conception to 6-8 weeks post partum; we are also happy to accept later referrals and to transfer care back to the patient's primary care provider sooner post partum.

We are very excited to share with you (and your patients) that we have received a grant from the **St. Paul's Foundation** to work on an innovative project to support new parents in the first year postpartum which may include prolonged postpartum support, enhanced mental health capacities and access to a doula.

We are able to see all referred patients within 1-2 weeks of referral.

Please find attached our referral form, our recommended prenatal bloodwork.

Please feel free to reach out with any questions or concerns.

We look forward to receiving your referrals.

Sincerely,

Dr. Jennifer Leavitt and Dr. Evelyne Perron
Lead Physicians, St. Paul's Maternity Clinic



DEPARTMENT OF
FAMILY MEDICINE

Leaders in primary care, champions
of community health